

CYCLIST GUIDE 2026

CYCLOTOUR DU LÉMAN

18.10.2026



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Day	Time	What	For whom	Where
SATURDAY 17.10.2026	10:00-19:00	Bib number collection	All distances	Place de la Navigation, Lausanne
SATURDAY	11:30	Kids Race	2-6 years	Place de la Navigation, Lausanne
SUNDAY 18.10.2026	05:30-07:00	Last-minute bib number collection	All distances	Place de la Navigation, Lausanne
SUNDAY	07:00	Start 176 km in waves	176 km	Place de la Navigation, Lausanne
SUNDAY	07:37	Boat departure to Évian	112 km (transfer booked)	Lausanne-Ouchy pier
SUNDAY	07:51	Start 64 km	64 km	Place de la Navigation, Lausanne
SUNDAY	08:30	Start 112 km	112 km	Évian

VILLAGE OPENINGTIMES: SATURDAY 10.00 - 17.30 / SUNDAY 05.30 - 17.30

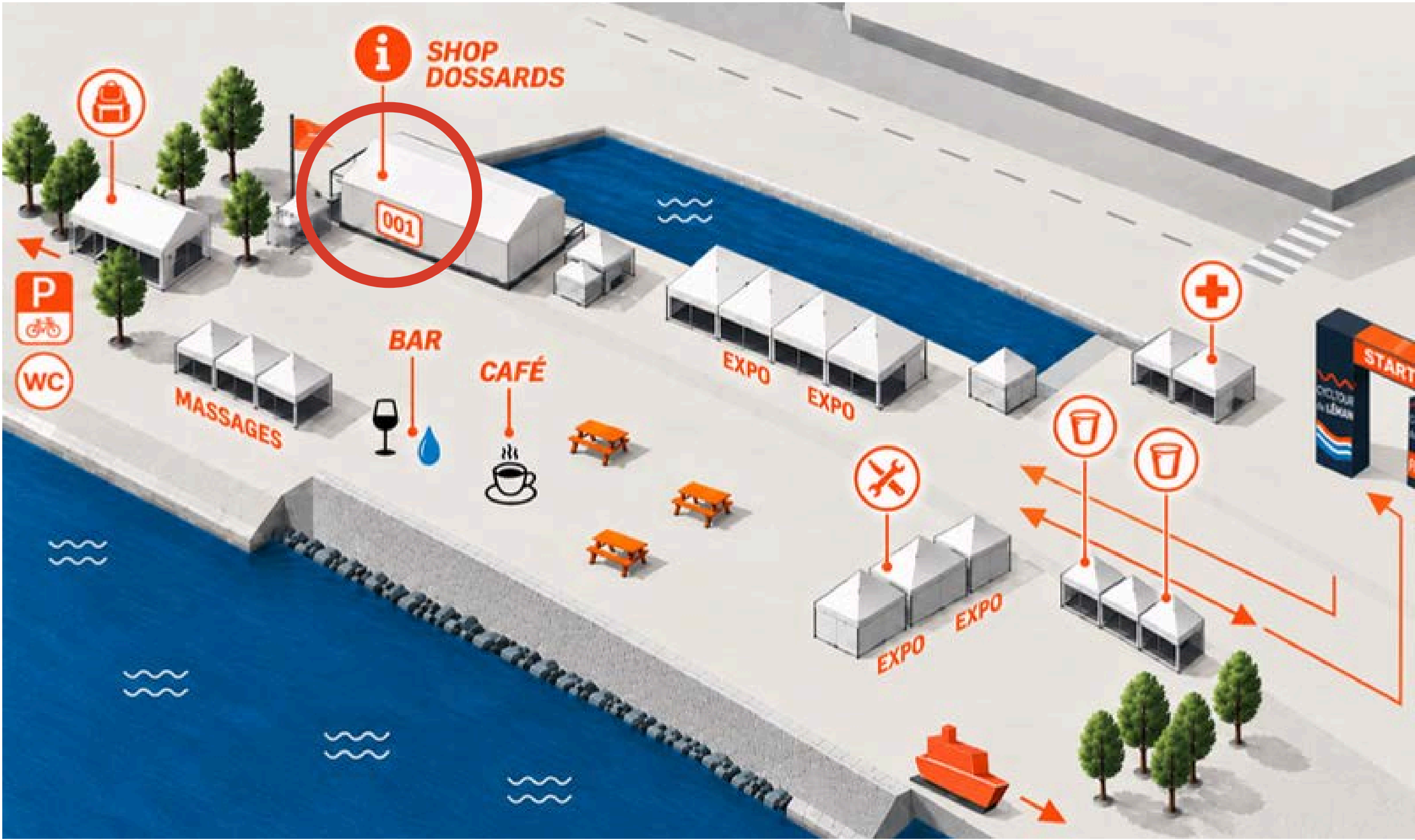
BIB NUMBER COLLECTION

WHERE CAN I PICK UP MY BIB NUMBER?

Event Tent, Place de la Navigation, Lausanne

WHEN:
Saturday, 17.10.2026
10:00 - 19:00

Sunday, 18.10.2026
05:30 - 07:00



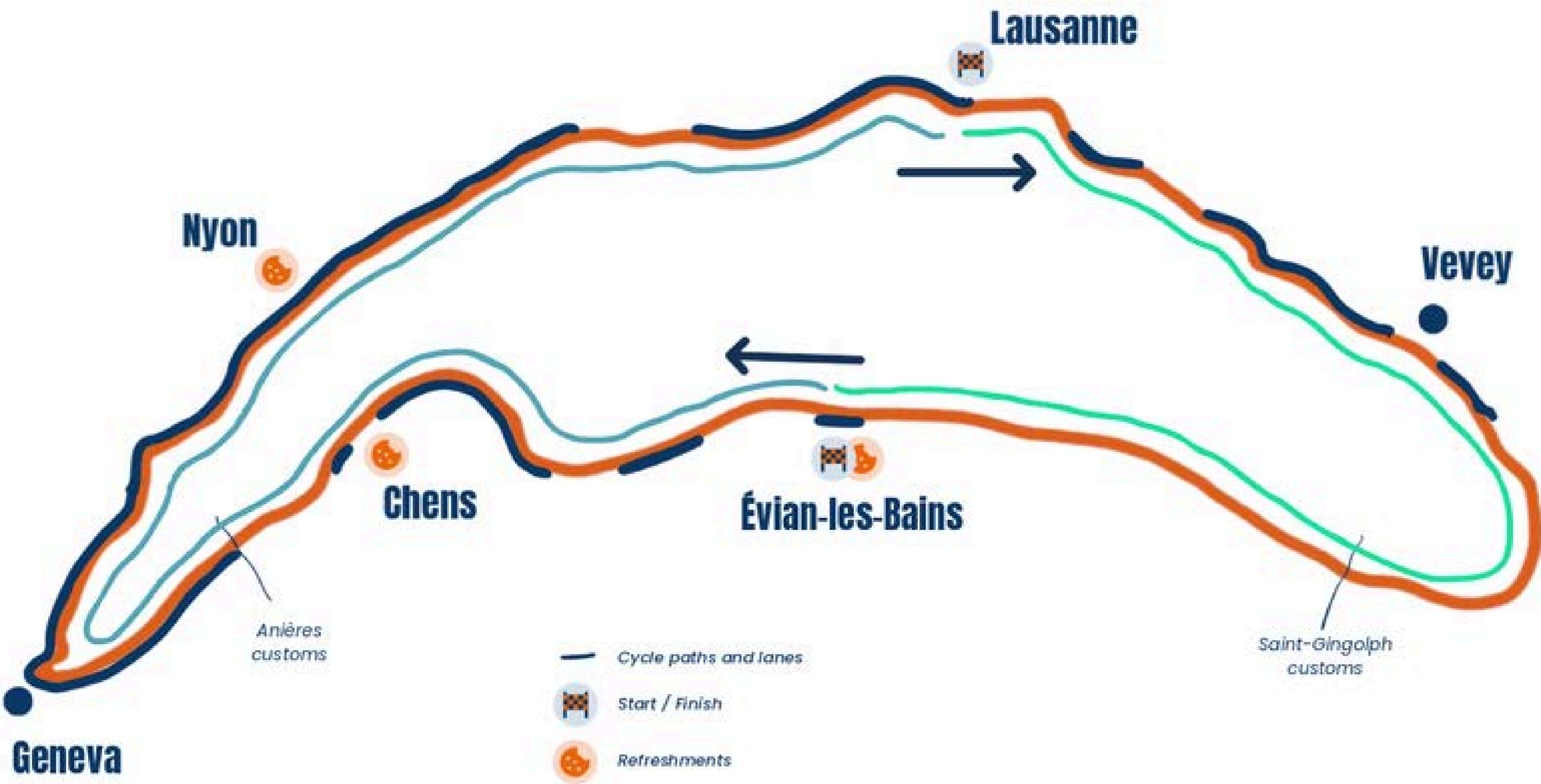
GOOGLE MAPS

Bib number collection Évian – Lausanne 112 km

For participants in the 112 km route, bib collection is also possible on Sunday morning in Évian from 08:20. After bib collection closes in Lausanne, bib numbers not yet collected will be transported by boat to Évian.

Important: If you collect your bib number in Évian, you will receive your jersey after arriving at the finish in Lausanne, at the information point.

We strongly recommend collecting your bib number on Saturday. On Sunday morning, waiting times may occur and there is a risk that you will not make it to the start on time.



176 KM

890M↑

Lausanne → Lausanne

112 KM

640M↑

Évian → Lausanne

64 KM

250M↑

Lausanne → Évian

THE ROADS ARE OPEN TO TRAFFIC

The course is not closed to cars. All participants must follow traffic regulations in Switzerland and France, respect other road users and use designated cycle paths and cycle lanes whenever available.

USE CYCLE PATHS

WHENEVER AVAILABLE

SINGLE FILE

RIDE ONE BEHIND ANOTHER

SPEED LIMITS

30KM/H IN TOWNS

35KM/H MAXIMUM

PAY ATTENTION

1 THONON ROUTE CHANGE COURSE PASSES THROUGH THE TOWN CENTRE	2 CHENS / ANIÈRES ROUTE CHANGE ROUTE CHANGE APPROACHING THE ANIÈRES CUSTOMS CROSSING. PLEASE FOLLOW THE COURSE SIGNAGE.	3 GENEVA CONTROL ZONE - USE CYCLE PATHS ONLY. - SLOW DOWN ON QUAI DE COLOGNY. - SWITCH TO THE CYCLE PATH BEFORE PONT DU MONT-BLANC. - RESPECT TRAFFIC LIGHTS. - FOLLOW INSTRUCTIONS AND TRAFFIC RULES.	4 LAUSANNE ROUTE CHANGE FOLLOW THE ROUTE VIA ROUTE DE CHAVANNES AND THE MALADIÈRE ROUNDABOUT.
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HOW YOUR BIB NUMBER WORKS



BIB NUMBER

Attach to the front of the handlebar. Do not fold or cut; **keep fully visible.**



BIKE TAG

Attach to the saddle / seat post. Used to identify your bicycle.



STICKER

Vélopark, boat, pasta, luggage depot and helmet.
Hand in when used.

Remember

All elements display your personal race number.
The helmet stickers are also included on the sticker sheet you receive with your race number.
Before the start, check that your race number, bike tag and stickers all match, and don't forget to attach the helmet sticker.

START TIMES

WHEN DO YOU NEED TO BE AT THE START?

176 KM START WAVES

Block A 07:00 33-35KM/H

Block B 07:15 30-33KM/H

Block C 07:30 25-30KM/H

Block D 07:50 <25KM/H

Block E 07:51 Lausanne - Évian

112 KM START TIME

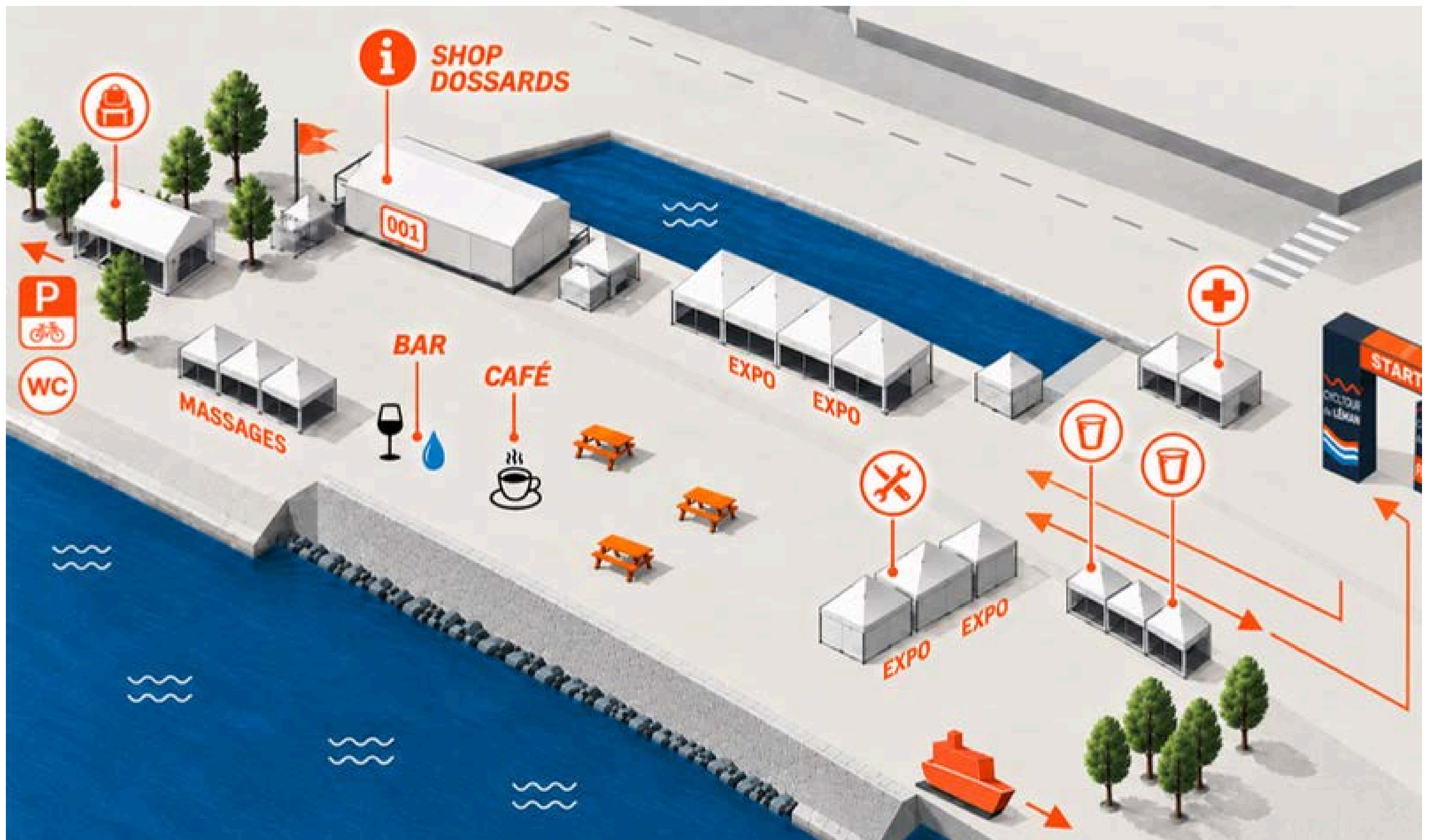
08:30
ÉVIAN

64 KM START TIME

07:51
Start after the 176KM start waves

The first waves start 90 seconds apart. Further waves follow at approximately 30-second intervals. Times may vary.

i You'll find your personal start block in the Riders' Mail, which you'll receive around one week before the event.



HOW TO GET TO THE EVENT

ARRIVING BY PUBLIC TRANSPORT

We recommend travelling by public transport. Arrive by train at Lausanne station, then take the metro to Lausanne, Ouchy-Olympique. Train timetable available here ([CFF](#)). Metro timetable available here ([tl](#)).

ARRIVING BY CAR

If you arrive by car, take the Lausanne-Sud motorway exit towards Ouchy. There are several parking options:

- P+R Ouchy
- Parking Indigo Lausanne Port d'Ouchy
- Parking de Bellerive
- Parking du Stade Pierre de Coubertin

[PARKING GOOGLE MAPS](#)



No dedicated event parking. Public parking is available nearby, subject to availability. We recommend public transport

HOW DOES THE BOAT TRANSFER WORK?

112 KM -

Morning shuttle to Évian

For participants who booked the Lausanne → Évian transfer.

Boarding in Lausanne-Ouchy.
[Google Maps](#)

Hand in the boat sticker when boarding.

Departure: 07:37

64 KM -

Return journey

After finishing in Évian, return to Lausanne by public boat.

Capacity: 70 people with bicycles per boat. No additional boats

Return departure: 10:05 / 12:05

If you abandon

Anyone who abandons in Évian and wants to return to Lausanne can take a boat at their own expense.

[TIMETABLE CGN](#)

Important note

Public boats are not reserved exclusively for the Cyclotour.
Capacity is limited.

YOUR TICKET TO THE BOAT RIDE

For the 64 km route, the boat sticker is automatically included. For the 112 km route, you'll receive the sticker for the boat transfer you selected during registration, either in the morning or afternoon. Hand the sticker to the staff when boarding - without it, you won't be able to take the boat.



HAND IN YOUR BAG CORRECTLY

One bag per person. Use the designated sticker with your personal bib number.

176 KM

Luggage depot in the Lausanne Village.
Opening hours / collection point.
06:00-17:30

Sticker must be visible

112 KM

Hand in your bag at the start in Évian; transport to the finish in Lausanne. Collect at the luggage depot.

Sticker must be visible

64 KM

Hand in your bag by 07:45 for transport from Lausanne to Évian

Sticker must be visible

A van will be available at the baggage drop-off in Lausanne to transport your luggage to Évian. Please leave your bag there before departure.

You can find the baggage drop-off [here](#).
OPENING TIMES: 06:00 - 17:30

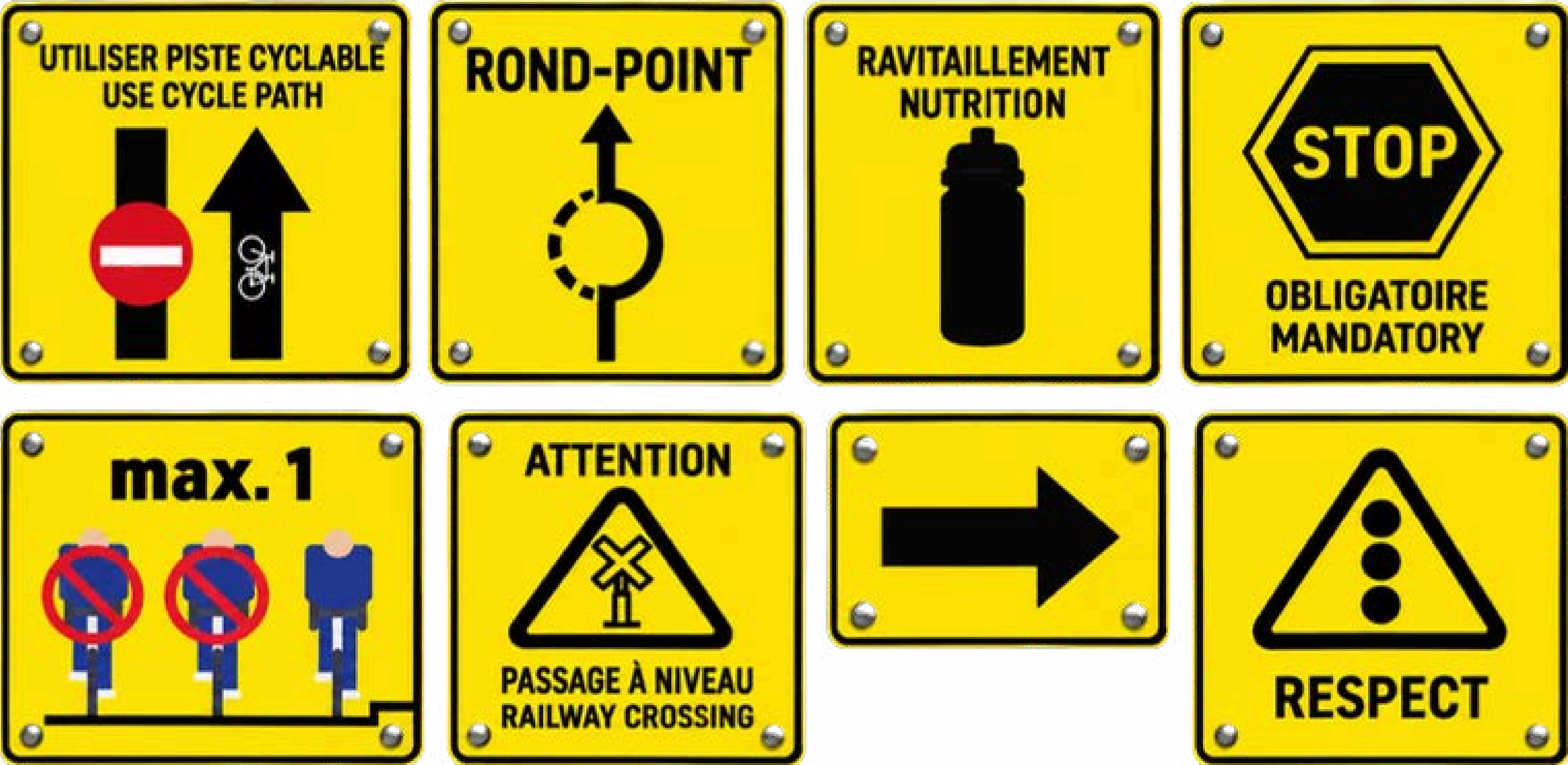
VÉLOPARK

VÉLOPARK LAUSANNE

The Vélopark is located approximately 20 metres outside the Village, towards Bellerive, and is open on Sunday only from 10:00. Access is reserved for participants: please show the Vélopark sticker from your bib number at the entrance and when collecting your bike. The organisers accept no liability for theft.



IMPORTANT SIGNAGE ALONG THE ROUTE



PARTNER



KIDS' ROAD BIKES · SWISS MADE

BORN FOR SPEED.

Swiss quality for unique kids.

Extremely light, explosive acceleration and precise handling. Kid-specific geometry and top-class components, assembled by hand in Switzerland.

- Test centre – try before you buy
- Crash replacement – back on the bike fast
- 35% trade-in when your child moves up a size



DISCOVER THE BIKES
Scan for all models



24" JULIER

Rider height from 122 cm
from 7.6 kg

28" MALOJA

Rider height from 130 cm
from 7.9 kg

28" ALBULA

Rider height from 142 cm
from 8.0 kg

28" ALL OUT CARBON

Rider height from 145 cm
from 7.3 kg

CAPITAINES DE LA ROUTE & MOTORCYCLE MARSHALS

The Cyclotour du Léman is all about enjoying cycling together, with no timing and no rankings. To ensure a safe and enjoyable experience for everyone, groups are accompanied by Capitaines de la Route and motorcycle marshals.

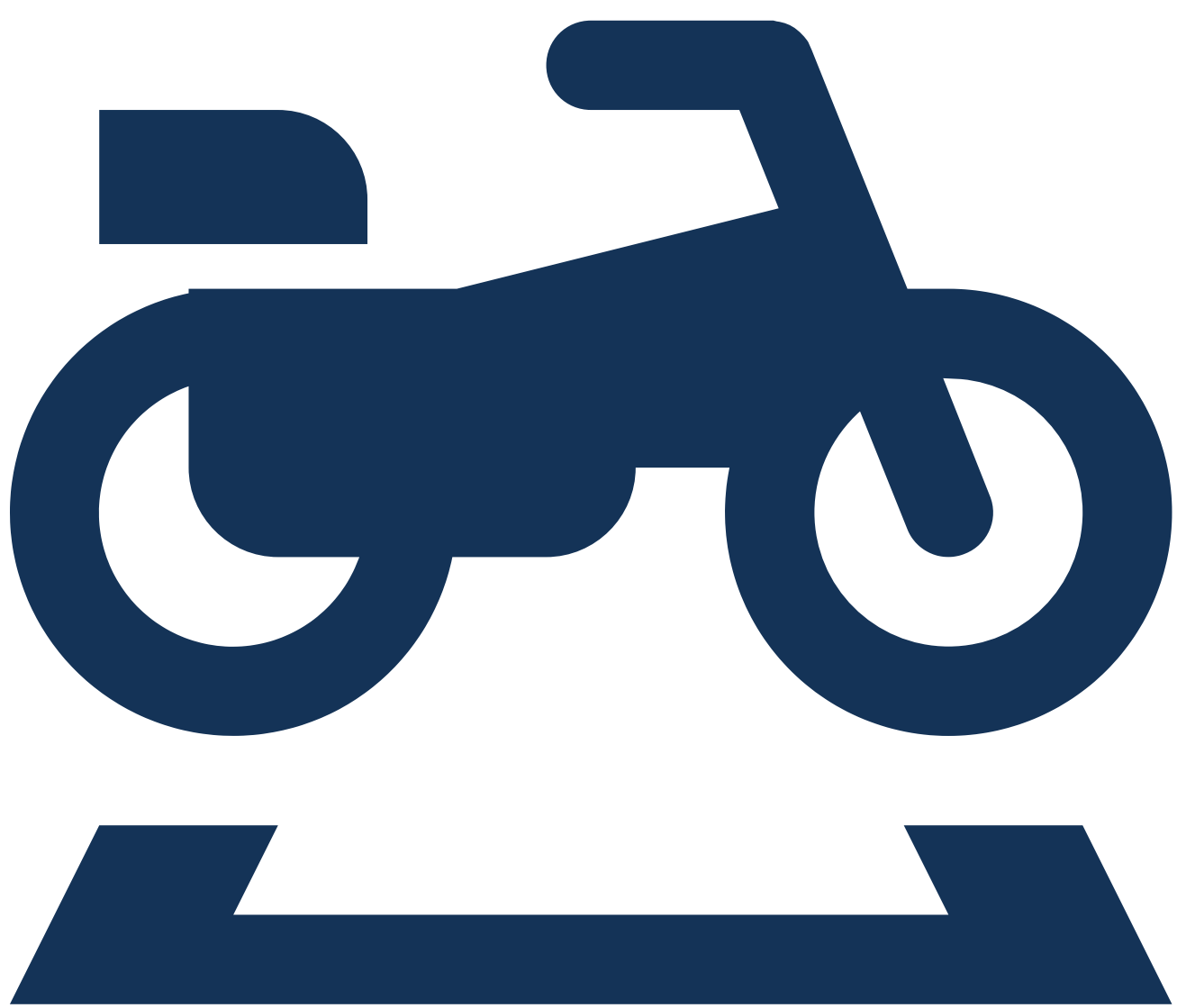
CAPITAINES DE LA ROUTE



Two Capitaines accompany each group of approximately 30 riders. They set a controlled pace, adapt it to road and traffic conditions, and warn the group of potential hazards well in advance.

They are your points of contact during the ride, support the group and help ensure a safe and respectful riding experience.

MOTORCYCLE MARSHALS



Each group is also accompanied by a motorcycle marshal. Their role is to monitor compliance with the event regulations and safety requirements and intervene in the event of rule violations.

Repeated or serious violations may be reported to the organisers and can result in penalties, including exclusion from the event.

YOUR RESPONSIBILITIES AS A RIDER

- Follow the instructions of the Capitaines, motorcycle marshals and official course marshals.
- Ride in single file and use designated cycle paths and cycle lanes.
- Respect the speed limits of 30 km/h in built-up areas and 35 km/h outside built-up areas. Always adapt your speed to the conditions.
- Pay attention to hand signals and warnings, and pass them on to other riders in your group.
- Respect traffic regulations and be considerate of all other road users.

RIDE SAFE. RESPECT THE ROAD.

OPEN ROADS

The Cyclotour is not a race. The roads are not closed. Traffic rules, signage and the organisers' instructions must be followed at all times.

SPEED

Always adapt your speed to traffic, road and visibility conditions. Maximum 30 km/h in built-up areas and 35 km/h outside.

BRING ID

A valid ID must be carried throughout the entire event.

RIDE FAIRLY

Be considerate, stay alert in the group, keep your distance and avoid risky manoeuvres. Ride single file and use cycle paths where possible.

NOT PERMITTED

Time-trial bikes, recumbent bikes and aerodynamic handlebar extensions, fast e-bikes (up to 45 km/h), and accompanying or support vehicles are not permitted.

BEHAVE RESPECTFULLY

Behave in a sporting and fair manner. Be considerate of other cyclists, pedestrians and road users, and treat one another with respect.

MANDATORY EQUIPMENT

HELMET REQUIRED

Wearing a helmet is mandatory.

LIGHTS

Front and rear lights must be functional and switched on in darkness, twilight or reduced visibility.

BIB NUMBER

The bib number must be attached to the bike, fully visible and unfolded. Participation is not possible without a bib number.

ROADWORTHY BICYCLE

The bicycle must be in a safe and roadworthy condition. You are responsible for the condition of your equipment.

EMERGENCY INFORMATION

The emergency information on the back of the bib number must be completed in full.

OFFICIAL REGULATIONS 2026



WHAT IF SOMETHING HAPPENS?

Technical support

Support in the Lausanne Village and along the route. There may be waiting times on the course. No full bike service.

+41 78 884 25 10

Ride abandonment

If you end your ride: inform the organisation and share your position. Do not simply leave the route.

SMS to +41 79 536 79 50

Sweep Vehicle

No individual pick-up service. The vehicle follows the last participant and will take you only if space is available.

Emergency numbers



+41 79 487 10 44



+33 6 76 86 57 78



AMBULANCE 144/112

INFO / LOST & FOUND

- Info Point on event day — Lausanne Place de la Navigation
- info@cyclotour.ch after the event

CUT-OFF TIMES

CUT-OFF TIMES

Please make sure you reach the following locations before the official cut-off times:

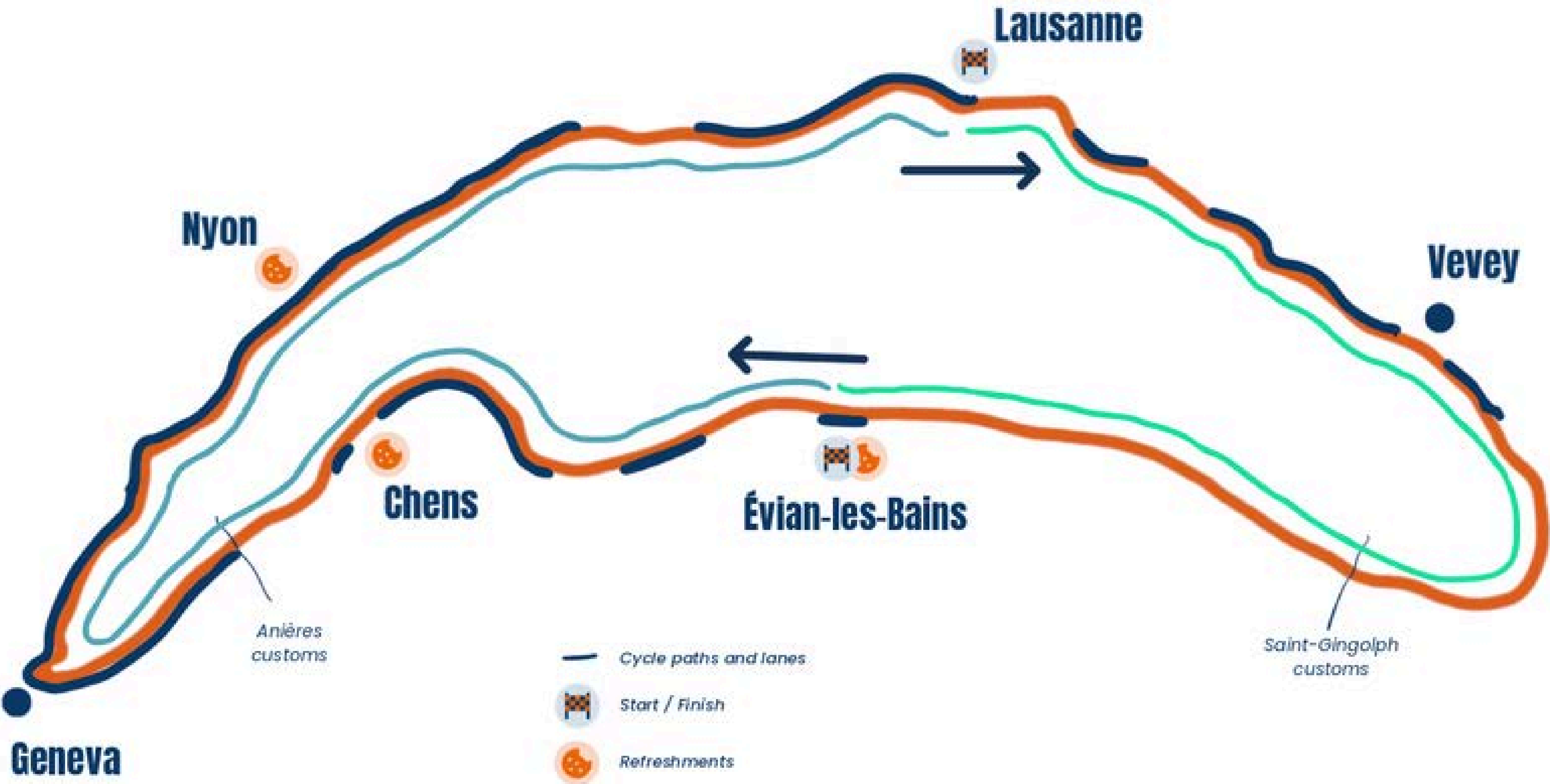
176KM: ÉVIAN 11:00 - VERSOIX 14:30 - LAUSANNE 17:00

112KM: VERSOIX 14:30 - LAUSANNE 17:00

64KM: ÉVIAN FINISH LINE 12:00

Riders arriving after these times will no longer be considered part of the event. Please plan your ride accordingly and allow enough time for refreshment stops.

Nutrition	Evian (KM 60/–)	Chens (KM 90/30)	Nyon (KM 130/70)	Finish Lausanne
Winforce Gel	X	X	X	
Cheese	X	X		
Bananas	X	X		X
Oranges	X	X		X
Farmer Bars	X	X		
Bread	X	X		
Chocolate	X	X		
Cookies			X	
Fresh Fruit			X	
Rice Cakes			X	
Broth / Coffee			X	
Apples				X
Water	X	X	X	X
Winforce Isotonic	X	X	X	X
Pepsi	X	X	X	X



PRE-START CHECKLIST

- Bib number on the front of the handlebar, unfolded and visible
- Sticker attached to your helmet
- Bike Tag attached to the saddle / seat post
- Sticker checked: Vélopark · Boat · Pasta · Luggage
- ID / identification packed for border crossings
- Mandatory equipment complete (see P.11)
- Start wave and start time known
- Luggage handed in correctly
- Boat sticker with you, if booked
- Enough food and drinks for the first kilometres
- Front and rear lights mounted and charged



THANK YOU TO OUR PARTNERS

The Cyclotour du Léman would not be possible without the support of our sponsors and partners. A big thank you for riding with us!

